



SPIRIT
MIND
BODY

Membership
HANDBOOK

Forsyth County Family YMCA

We build strong kids, strong families, strong communities.

6050 Y Street, Cumming, GA 30040
(770) 888-2788 / fcy.ymcaatlanta.org

Table of CONTENTS

Hours of Operation	
Holidays and Hours	1
General Information	
Metro Atlanta Branch Locations	2 & 3
Mission	4
Financial Assistance	4
Goals	4
Values	4
History	5
Benefits of Membership	
Reduced Fees	6
Wellness Classes	6
Cardio Theater	6
THE COACH APPROACH™	6
Fitness Equipment Orientation	6
Fitlinxx™	7
Play Center	7
AWAY Program	7
Membership Categories	8 & 9
Membership Policies	
Joining Fee	10
City of Canton Residents	10
Reactivation Fee	10
Membership Dues	10
Membership Card	10
Special Services For People With Disabilities	10
Guests	11
Change in Membership	11
Lost and Found	12
Security	12
Member Satisfaction	12
House Rules	13
Volunteer Opportunities	
Partner With Youth Campaign	14
Facility Use Guidelines	
Swimming Pool	16
Dressing Areas	17
Whirlpool	17
Gymnasium	18
Wellness Center	18
Group Exercise	18
Playcenter, KidZone, & Teen Center	19
Programs	20

Facility HOURS

For the Forsyth County Family YMCA only.

Monday - Thursday: 5:30 a.m. - 9:30 p.m.
Friday: 5:30 a.m. - 9:00 p.m.
Saturday: 8:00 a.m. - 6:00 p.m.
Sunday: 1:00 p.m. - 6:00 p.m.

Play Center Hours (ages 3 months - 12 years)

Monday - Friday: 8:30 a.m. - 1:15 p.m.*
3:30 p.m. - 8:00 p.m.
Saturday : 8:30 a.m. - 1:00 p.m.
Sunday: Closed

* 6-12 year old child watch is not open in the morning hours during the school year.

Membership Hours

Mon. - Fri. : 8:00 a.m. - 8:00 p.m.
Saturday : 9:00 a.m. - 5:00 p.m.
Sunday : 1:00 pm. - 5:00 p.m.

Registration Hours

Mon. - Fri. : 8:00 a.m. - 8:00 p.m.
Saturday: 9:00 a.m. - 2:00 p.m.
Sunday: 1:00 pm. - 5:00 p.m.

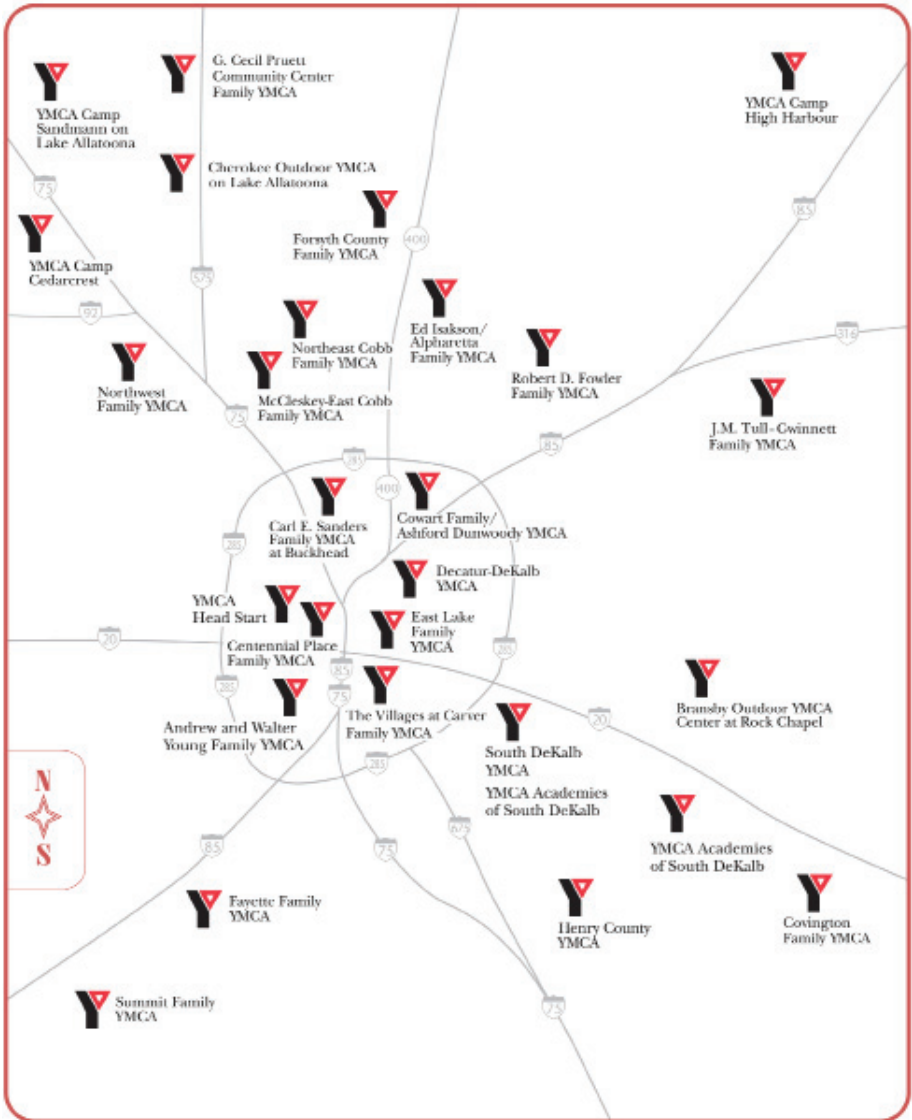
Holiday CLOSINGS

Hours of operation for Metro Atlanta YMCA facilities vary from branch to branch. Please confirm the hours of operation at your branch by inquiring at the Welcome Center. The Forsyth County Family YMCA will be closed during the following holidays:

New Year's Eve - close at 2 p.m.
Easter
Thanksgiving
July 4th - open 8 a.m. - 2 p.m.
Martin Luther King, Jr. Day
Christmas Eve - close at 2 p.m.
Christmas Day
Memorial Day - open 8 a.m. - 2 p.m.
Labor Day - open 8 a.m. - 2 p.m.

For More INFORMATION

Call the Forsyth County Family YMCA at (770) 888-2788
or visit us online at fcy.ymcaatlanta.org



Metro Atlanta LOCATIONS

**Bransby Outdoor YMCA
Center at Rock Chapel**
1185 Rock Chapel Rd.
Lithonia, GA 30058
(770)484-9622

Centennial Place Family YMCA
555 Luckie St.
Atlanta, GA 30313
(404)724-9622

Cherokee Outdoor YMCA
201 East Bells Ferry Rd.
Woodstock, GA 30189
(770)591-5820

Covington Family YMCA
2140 Newton Dr.
Covington, GA 30014
(770)787-3908

**Cowart Family/
Ashford Dunwoody YMCA**
3692 Ashford Dunwoody Rd.
Atlanta, GA 30319
(770)451-9622

Decatur-DeKalb Family YMCA
1100 Clairemont Ave.
Decatur, GA 30030
(404)377-9622

East Lake Family YMCA
275 East Lake Blvd.
Atlanta, GA 30317
(404)373-6561

Fayette Family YMCA
215 Huiet Rd.
Fayetteville, GA 30215
(770)719-9622

Forsyth County Family YMCA
6050 Y Street
Cumming, GA 30040
(770)888-2788

Robert D. Fowler Family YMCA
5600 West Jones Bridge Rd.
Norcross, GA 30092
(770)246-9622

Henry County Family YMCA
615 Spraggins Memorial Pkwy.
Stockbridge, GA 30281
(770)507-5437

**Ed Isakson/Alpharetta
Family YMCA**
3655 Preston Ridge Rd.
Alpharetta, GA 30005
(770)664-1220

McCleskey-East Cobb YMCA
1055 East Piedmont Rd. NE
Marietta, GA 30062
(770)977-5991

Northeast Cobb YMCA
3010 Johnson Ferry Rd.
Marietta, GA 30062
(678)569-9622

Northwest YMCA
1700 Dennis Kemp Ln.
Kennesaw, GA 30152
(770)423-9622

**G. Cecil Pruett Community
Center Family YMCA**
151 Waleska St.
Canton, GA 30114
(770)345-9622

**Carl E. Sanders
Family YMCA at Buckhead**
1160 Moores Mill Rd.
Atlanta, GA 30327
(404)350-9292

South DeKalb Family YMCA
2565 Snapfinger Rd.
Decatur, GA 30034
(770)987-3500

Summit Family YMCA
1755 East Highway 34
Newnan, GA 30265
(770)252-7575

**J.M. Tull-Gwinnett
Family YMCA**
2985 Sugarloaf Pkwy.
Lawrenceville, GA 30045
(770)963-1313

**The Villages at Carver
Family YMCA**
1600 Pryor Rd.
Atlanta, GA 30315
(404)635-9622

**YMCA Academies
of South DeKalb**
2575-A Snapfinger Rd.
Decatur, GA 30034
(770)987-4666

2924 Evans Mill Rd.
Lithonia, GA 30058
(770)484-1625

YMCA Camp Cedarcrest
874 Cedarcrest Rd.
Dallas, GA 30132
(770)423-9622

YMCA Camp High Harbour
685 Camp Harbour Ln.
Clayton, GA 30525
(770)532-2267

YMCA Camp Sandmann
358 McKaskey Creek Rd.
Cartersville, GA 30120
(770)387-0000

**Andrew and Walter Young
Family YMCA**
2220 Campbellton Rd.
Atlanta, GA 30311
(404)523-9622

**YMCA/Early Childhood
Development Co., LLC
Head Start**
100 Edgewood Ave. NE,
Suite 1230
Atlanta, GA 30303
(404)420-5800

YMCA MISSION

Your YMCA, reflecting its Judeo-Christian heritage is an association of volunteers, members and staff, open to and serving all, providing programs and services which develop spirit, mind, and body. Assistance is available based on need. The YMCA actively seeks to identify and involve those in need.

Financial ASSISTANCE

The Metro Atlanta YMCA actively seeks to identify and involve those in need. A sliding fee scale scholarship program is available based on household income. Please see a member services representative for more information.

Our GOALS

All branches of the Metro Atlanta YMCA promise to deliver:

- A well-trained, caring staff available to serve you;
- Facilities and equipment that are clean, attractive, safe, and well-maintained. We will repair or replace equipment within 24 hours or post the anticipated repair date;
- Exceptional program quality. We will provide innovative programs that meet the needs of members and their communities;
- Opportunities for you to regularly evaluate your YMCA;
- Opportunities for you to expand member involvement through volunteer boards, committees, and program leadership.

Our VALUES

We instruct and encourage the core values of honesty, caring, respect, and responsibility in all programs. We expect staff, members and volunteers to model these values when working with members, families, guests, and other staff. These four character development values are the cornerstones of our member service philosophy.



Our HISTORY

In 1858, just seven years after the YMCA movement came to this country from England, the first YMCA opened in downtown Atlanta. As an organization the YMCA:

- brought the first swimming pools to Atlanta;
- housed thousands of young men moving from rural areas to the city;
- introduced soccer to our city's youth;
- offered the first adult education programs in Atlanta;
- pioneered racial harmony during integration by bringing youth together in our camp settings.

At 27 locations (see area map with specific locations), the Metro Atlanta YMCA provides family support and resources such as child care, youth and teen programs, sports and recreation, fitness, computer-assisted tutorial labs, camping, outreach, and more.

The trust and commitment of Atlanta residents and community leaders enable the YMCA to make a difference in your community, and allow the organization to grow toward its ever-changing needs.

Member BENEFITS

Reduced Fees

Members may receive reduced fees and early registration for select programs. These savings may be as much as 50 percent on some programs. Please see a Member Services representative for more details on member program values.

Wellness Classes

The majority of our wellness classes are included in the cost of facility membership. Contact a Member Services representative for more details.

Cardio Theater

Cardio Theater is a personal entertainment system including a TV and a CD player. YMCA members may watch the TV channel of their choice or listen to a favorite CD as they workout. Any personal headset will activate the Cardio Theater system.

THE COACH APPROACH™

THE COACH APPROACH™ is an exercise support process that is free with your YMCA facility membership.

This process is a specific and comprehensive system of support for anyone starting to work out. A Wellness Coach will assist the member in creating short-term and long-term goals as well as ways to reach them. Members will then have an opportunity for follow up meetings with their coach in order to receive continued assistance in their success.

This flexible approach is designed to help the participant form the habit of regular exercise. It teaches specific skills that help set realistic goals, adjust exercise regimens, and provide reinforcing progress feedback and support. Contact a Member Services representative for more details. You must be 18 years of age to participate.

Fitness Equipment Orientation

Members receive a complimentary and comprehensive orientation to the fitness equipment including Fitlinxx™. The orientation acquaints you with the safe and effective use of all equipment and its role in helping you reach individual goals.

FitLinxx™

FitLinxx is an interactive computer system designed to help monitor and improve your workout routine. The FitLinxx system gives step-by-step instructions for beginning your work out and is a great tool for enhancing it.

Play Center

Free supervised care is available for facility members while they utilize the facility. This area is designed to serve ages three months to twelve years of age. There is a two hour per day, eight hour per week time limit for all children in the play center area. The Play Center is a benefit of family & youth memberships.

AWAY Program

You are Always Welcome At YMCAs! The AWAY program allows you to use your membership card at more than 2,000 other YMCAs across the country and worldwide. The member services staff has a directory of those YMCA locations, their facilities and visitor fees.

YMCA members outside a 60-mile radius of Atlanta may visit Metro Atlanta YMCA facilities up to 30 days per year at no charge.

Membership CATEGORIES

Metro Atlanta YMCA members enjoy convenient access to 17 strategically located branches. (*Note: Branch-only memberships are available at Southwest, South DeKalb, Centennial Place, Cherokee Outdoor and Covington.) Membership categories are designed to meet your specific needs. They are:

Family:

All family members must reside at the same address.

This includes:

- Two adults over 18 living at the same address;
- Unlimited number of dependents under 18 living at the same residence;
- Full-time students taking 12 or more hours credit in any post-secondary program and living at the residence. A student I.D., current class schedule and I.D. with correct family address must be presented;
- Individuals with physical or mental disabilities living at the residence;
- One senior 60 years of age or older living at the residence along with the two adults;
- One au pair can be included in the family membership if living with the member, renewable every 6 months;
- Part-time caregivers, seasonally employed by members, have access to the YMCA only while overseeing a member's child. Guest passes will be issued.

Senior Family:

- Two adults, one of whom is 60 or older, living at the same residence. Includes dependents living at the same residence, as described in the family member category.

Adult:

- One adult, age 25 -59

Two Adults

- One adult (25-59 years of age)
- One teen, young adult or adult

Senior Adult:

- One adult age 60 or older.

Young Adult:

- One adult age 19 - 24.
(Does not apply to enrolled high school students.)

Teen:

- A person 13 to 18 years of age;
- A teen member can gain access to the facility without an adult but must present a membership card.

Youth:

- A child from 3 months to 12 years of age
- Anyone under 12 must be accompanied by a parent/guardian member.

Summer Student:

- Full-time students taking 12 or more credit hours in any school program. A student I.D. card and spring class schedule must be presented;
- Up to three-month memberships for June, July and August are available.
- Dues must be paid in advance.

Program Membership

Facility membership is not a requirement for program enrollment. Some individuals may wish only to be involved in specific programs. An annual program membership allows community members to enjoy classes including swimming lessons, tennis lessons, gymnastics, and more. The fee is for program membership only and does not cover the cost of any class. This option is offered for specific programs only. Prices may vary. Please see a Member Services representative for details.

Membership POLICIES

Joining Fee

Each type of membership (except youth) requires a joining fee. This is a one time mission investment fee used for non-expansion capital improvements and equipment upgrades.

Membership Dues

Membership dues equate to membership category, and may be paid annually or semi-annually. Monthly payments are accepted through bank draft and credit card draft. To initiate a bank draft, you must submit a voided check and a signed draft authorization form. This form gives your approval for a specific monthly deduction from your checking account.

Membership Card

Upon joining, you will receive a photo I.D. card. You must present your card each time you enter the facility. The card is held at the welcome center until your departure. This ensures that only current members are using the facility, expedites locating members, allows staff to monitor peak times, and is a safety measure in the event of an emergency.

Special Services For People With Disabilities

The YMCA provides opportunities for youth and adults with disabilities to participate in programs. All branches are handicapped accessible, and special assistance is available upon request. Programs specifically developed for those with mental or physical disabilities are available, also. Ask your branch staff about programs and services.

Guests

In-Town Guest: Two Guests per visit. Guests are entitled to one free visit per branch per year. Picture I.D. is required of all guests 16 years and older.

Out-of-Town Guest: On their first visit, out of town guests must be accompanied by a member. Picture I.D. is required of all guests 16 years and older. One week passes are available at member's request (must show proof of out of town residence).

Members will be held responsible for their guests.

Change in Membership

Adding or deleting members from an existing YMCA membership is considered a change in membership.

- **For Bank Draft and Credit Card Draft Members:** When adding family members, additional dues are required to cover the period until the draft is processed at the new rate. You must pay the difference in the joining fee up front. The additional dues and joining fee will activate the membership for the new family members immediately. Membership privileges for canceled members will not be terminated until the next monthly draft is drawn at the decreased rate.
- **For Annual Paid Members:** To add family members to an existing membership, you will be required to pay in full the difference of the joining fee and the pro-rated increase, based on the renewal date of the existing membership.
- **Bank Draft and Credit Card Draft Cancellations/Changes:** Thirty (30) days written notice in advance of the monthly draft date is required to complete the processing of a bank draft or credit card draft cancellation. Changes in bank or credit card information must be made by the member in writing thirty (30) days in advance of the monthly draft date. Failure to notify the membership office of a bank or credit card change may result in cancellation of membership.

Lost and Found

Items are saved for two weeks and then will be donated to individuals in need. Please ask the Welcome Center staff about any lost items. The pool also has a lost and found next to the family dressing room door on the pool deck.

Security

The YMCA is not responsible for lost or stolen items inside the building or in the parking area. Please lock all valuables.

Member Satisfaction

Our goal is to satisfy our members and provide opportunities for their continuous evaluation of our performance. It is our belief that during your first 30 days of membership it is possible for you to assess our ability to meet or exceed your expectations. Should you decide to terminate your membership during this first 30 day period because of dissatisfaction, you will receive a full refund of the joining fee and your monthly dues. After the initial 30 day period, should you choose to terminate your membership for reasons believed by you to be our failure to respond to your written or verbal request(s) for improvement, you will be refunded your monthly dues from the current date and retroactive to your determined date of dissatisfaction. Prepaid membership dues will be refunded from the anniversary date retroactive to your determined date of dissatisfaction.

The success of the YMCA is a shared responsibility. Please use the comment cards or speak directly to any staff member of any situations that you feel compromise the quality of the member experience.

House Rules

Conduct

The Metro Atlanta YMCA expects members and guests to behave in a caring, honest, respectful, and responsible manner. Behavior such as the use of foul language, dangerous play, fighting, bullying or intimidation, promiscuous activity, or any act inconsistent with a family atmosphere will not be tolerated and may result in termination of your membership.

Attire

Members and guests are expected to wear appropriate attire for a family atmosphere. Messages or images that are offensive to others are not permitted.

Smoking & Alcoholic Beverages

Smoking, alcoholic beverages and illegal substances are not permitted inside or on the premises of any YMCA branch or program site.

Electronic Devices

Members and guests should always be considerate of others using the facility. **We do not allow cell phone usage in our facility.** Camera phones should not be used at anytime. Any member caught violating the privacy of another member will be terminated.

Volunteer OPPORTUNITIES

YMCA volunteers and staff members work every day to nurture children, support families and strengthen communities. Volunteers are the secret to our remarkable past, the strength of the present and the promise of our future. YMCA volunteers share a strong sense of personal responsibility toward the community and the YMCA. Volunteer members assist with programs, formulate policy, develop new program initiatives, and evaluate existing services.

There are always new opportunities for volunteers to contribute.

Here are some of the ways they help:

- become a mentor for a teen;
- read to a child in an after-school program;
- coach or referee a youth sports team;
- coordinate special family or youth events;
- speak to adult job training/life skills classes about employment and personal experiences;
- become active campaigners in the Partner With Youth annual giving campaign;
- conduct special activities for youth - arts and crafts, storytelling, etc.

If you are willing to share your time, skills and talents with others, the YMCA is the place for you! Please see the Membership Center or a Welcome Center staff member for more information.

Partner With Youth Campaign

Partner With Youth is the Metro Atlanta YMCA's annual giving campaign. It allows us to reach out to all children – regardless of family income – by providing program support and financial scholarships for child care, summer day camp, parent-child activities, and more. Membership and program fees are insufficient funding sources to respond to the significant needs in the community. This is why we invite friends and members like you to help make these programs more affordable and accessible.

Facility Use GUIDELINES

Swimming Pool

- Shower before entering pool.
- No diving or flips.
- Proper swimming attire is required. This is a family facility, please dress accordingly. Members who do not adhere to this policy will be asked to leave.
- No food, drink or gum.
- No glass in pool area.
- No spectators allowed on pool deck.
- Do not run, push, or horseplay on pool deck or in the dressing area.
- Do not hang on lane lines or cross lap swim area.
- Please be courteous to other swimmers.
- Please observe the designated lane signs.
- No children under the age of 8 unless accompanied by an individual 18 years or older.
- No swimming without a lifeguard on duty.
- Please do not spit, urinate or blow your nose in the pool.
- Glass, sharp objects or hazardous materials are not permitted.
- Bathers with diarrhea, skin disease, open lesion(s) or other communicable conditions are not permitted in the pool.
- All children under 4 years old are required to wear snug-fitting plastic swim pants to enter the pool area

Lap Swimming

- Swimmers 7 years and up must be able to swim 2 lengths non stop of the pool unassisted and tread water for 1 minute.
- Maximum of 4 swimmers per lane. Please swim in appropriate lane.
- Circle swim when more than 2 swimmers are in a lane.
(no butterfly while circle swimming)

Swim Test Details

- This test consists of a 25 yard free style swim and a one minute tread (no dog paddling).
- Members/guests that are 13 years and older do not have to take the swim test.
- Children 8 years and older, who have passed the swim test may be signed in to the pool area by an adult to use the pool. Adult must stay in the facility.
- Children 7 years and younger who have passed the swim test must still be accompanied by an adult in the pool area but will be allowed in the deep end.
- If your child does not pass the swim test, you must stay in the pool area with him/her.
- Children wearing flotation devices must have an adult in the water and with in arms length of them at all times.
- Swimmers passing the swim test will receive an arm band and a swim card. They need to bring both the card and the band each time they visit the pool.
- Swim tests will be given on the hour starting at 9am until ten minutes after. Children that do not pass the swim test may re-take the test the following day.

Youth Aquatic

- Members 8-12 years old must pass a swim test to swim without parental supervision.
- Parents must be in the building.
- Children who require flotation devices must be accompanied by an adult in the water and with in arms reach.
- Children 7 years & younger must be accompanied by an adult in the pool area.
- No one under 18 years of age is permitted in the whirlpool.
- Members must be at least 12 years old to participate in any water exercise class.
- Members 9-12 years old and 5 feet tall may take a class if accompanied by an adult.

Dressing Area Policy

Lockers are for daily use. Please bring a lock to secure your valuables. Locks left on overnight are subject to removal. The Y is not responsible for items lost or stolen items.

Locker Rooms

For your convenience, the Forsyth County Family YMCA provides separate female and male Locker Rooms. Children under the age of 5 may be taken into either Locker Room with their parent. Families may also make use of the Dressing Room on deck in the pool area.

Small Lockers

Provided for your convenience outside of the dressing rooms. We provide free tokens for their use. The YMCA is not responsible for thefts of personal property.

Whirlpool

- Showering is required before entering the whirlpool.
- One must be 18 years or older to use the whirlpool.
- Do not use immediately following vigorous exercise.
- Do not use while under the influence of alcohol or drugs.
- Do not use alone.
- Recommended time is 5-10 minutes maximum.
- Shaving or use of shampoo, soap, etc. is forbidden in the whirlpool.
- No glass allowed in the whirlpool area.
- Pregnant women, elderly persons and those suffering from heart disease, diabetes, high or low blood pressure should not enter the whirlpool without prior consent of a physician.
- Please do not exercise in the whirlpool
- Please enter and exit with caution
- Do not enter the water when the temperature exceeds 104 degrees F.

Gymnasium

- Children age 12 and under must be accompanied by adult.
- Shoes must be non-marking soles. No street shoes allowed.
- Do not hang on or pull on curtain or basketball rims.
- No food or drink allowed the gymnasium.

Inappropriate behavior (foul language, fighting, arguing, overly aggressive play, spitting) will not be tolerated and will be subject to suspension or termination of membership from all Metro Atlanta YMCAs. No warnings will be given.

Wellness Center

- Limit your workout to one set when others are waiting.
- Shirts and closed toe shoes must be worn at all times.
- These areas are designed for 13 years and older.
- You must be 16 years old to use the free weights.
- It is recommended that teens ages 13-16 have equipment orientation prior to using.
- Please return free weights to the racks after use.
- Please do not drop the free weights on the floor.
- Please wipe down equipment after use.
- If you are unsure how to use a machine or free weights, please ask. We are here to assist you.
- Food and drinks (except water) are prohibited.
- No weight belts allowed on padded equipment.
- 20 minute limit on cardio equipment when people are waiting.
- Members 12 years and younger who are at least 5ft tall and accompanied by an adult may use the wellness center with a parent/child orientation. The child must then wear a wrist band upon completion of this orientation. Parent & child must be within arms length when using the wellness center. The orientation appointment provides the child access to the cardio equipment only.
- Strollers, infant carriers & huggies are not allowed in the wellness area.
- **Personal training is prohibited except certified YMCA wellness coaches.**

Group Exercise Studio

No children under the age of 9 allowed in Group Exercise Studio. Children ages 9-12 may attend specified classes when accompanied by a parent.

Play Center and Kid Zone for Ages 6-12

The Metro Atlanta YMCA is the top childcare provider in the Atlanta area serving over 6,000 children a day. We are proud to offer a wide variety of childcare opportunities. Our branches offer high quality baby-sitting services at no charge while the member uses the facility. In addition, we offer full-time childcare, holiday care programs, and summer camp programs. Each branch has their own set of programs for childcare. Please see the Childcare Director for details.

Play Center Hours*

Monday - Friday:	8:30 a.m. - 1:15 p.m. 3:30 p.m. - 8:00 p.m.
Saturday:	8:30 a.m. - 1:00 p.m.
Sunday:	Closed

*6-12 year old room only open in the afternoon during the school year

Programs

Program Choices:

The Metro Atlanta YMCA is proud to offer a variety of programs at each of the branches. We support youth, teen, adult, family, and senior programs. The youth programs range from age 6 months to 12 and include swimming (with and without parents), basketball, soccer, baseball, & tennis, as well as after school programs and summer day camps. Some of the branches have holiday and vacation programs for youth. Teen programs are for ages 13 to 18 and include aerobics, basketball, baseball, soccer, swimming, strength training clinics, as well as teen leadership programs. Adult programs are for 18 and older and typically include swimming, dance, basketball, and tennis. Our senior programs are for age 50 and up and include active older adults, aquatic exercising, walking, and socials. Pick up a Program Guide at your branch or see the Welcome Center for more information.

Program Membership

Full facility members receive program values on various programs (See also Benefits of Membership on page 5). However, some individuals may wish to only be involved in programs and not be a full facility member. This is considered a Program Membership. This member would pay a small program member fee and an additional fee for each program in which they are interested. Each YMCA branch offers you this opportunity on certain programs. Every program at every branch will vary in price. Please see the Membership Services department for more details.

Volunteers Needed

Since its founding in 1844, the YMCA has existed for only one purpose: to fulfill the needs of its members. To meet those needs the Y has relied to an extraordinary degree on the members themselves as volunteers. The future of the Y, like its past, will be determined by the vision, determination, and commitment of its volunteers. Volunteers of the YMCA not only assist with the delivery of programming, they formulate policy, they develop new programming initiatives, and they evaluate existing programming. They are the secret of our remarkable past, the are the strength of our present, and they are the promise of our future. All around the YMCA there are challenges to be tackled and opportunities to be seized. If you are willing to share your talents and skills with others, and you're looking for the kind of satisfaction that comes from truly helping others, then the YMCA is the place for you. Please see the Volunteer Coordinator or the Welcome Center at your branch.

Partner with Youth

Partner with Youth (PWY) is the Metro Atlanta YMCA's annual giving campaign. PWY helps to give every child a place to go and a chance to grow. The campaign allows us to reach out to all children, regardless of family income, by providing scholarships for childcare, summer day camp, parent-child activities, youth fitness, and much more. Our membership and program fees are not used for this purpose. This is why we rely on friends like you to make these programs affordable and accessible.



Forsyth County Family YMCA

6050 Y Street, Cumming, GA 30040

(770) 888-2788 / fcy.ymcaatlanta.org

We build strong kids, strong families, strong communities.